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ASEP Sports First Aid Test | Questions and Verified Answers| 2023/ 2024 Update

QUESTION
If your athlete has a severe throat contusion, you might hear

Answer:
wheezing and gasping, voice changes, crunchy or grating sound when throat is touched

QUESTION
T/F If you suspect an athlete has a head or spine injury, move him or her carefully to a comfortable position.

Answer:
false

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QUESTION
All of the following are preventative steps except

Answer:
teaching football players how to tackle safely with their heads

QUESTION
An athlete sustains a hard blow to the head but doesn't seem to be suffering any immediate ill effects. What should you do? (Mark all that apply.)

Answer:
Closely monitor the athlete for signs and symptoms of a head injury, Inform the parents and provide them with a checklist of signs and symptoms to monitor.

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QUESTION
Which of the statements below are reasons you should not give an athlete food or drink if you suspect internal injuries? (Select all that apply.)

Answer:
Food or fluid intake can increase the likelihood of vomiting and aspiration, If digestive organs are injured, the food or drink could leak into the abdominal cavity.

QUESTION
Athletes with _____ should not play in contact sports until cleared by a doctor due to an increased risk of a ruptured spleen.

Answer:
mononucleosis

QUESTION
Referred pain at the low back, outside thighs, or front pelvic area might be a sign of

Answer:
bruised kidney

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QUESTION
Minor/petit mal seizures usually last for

Answer:
several seconds

QUESTION
Which of the following substances is classified as a depressant?

Answer:
ketamine

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